

DRUG FREE WAIVER

I hereby give my word of honor as an athlete that I have not used any strength-inducing drugs (i.e. any anabolic steroid or natural hormone) as part of my training during the past thirty-six months or any prohibited stimulants or diuretics in the seven days prior to the contest.

Signature of Contestant

RELEASE FROM LIABILITY

READ THIS RELEASE CAREFULLY. WHEN YOU SIGN IT YOU WILL BE GIVING UP IMPORTANT LEGAL RIGHTS.

In consideration of the acceptance of my entry blank in this powerlifting competition I intend to be legally bound for not only myself but also for my heirs, my executors, and my administrators.

In signing this release from liability I waive and release Dr. Michael Hartle, Mike Robertson, the Athletic Performance Center, Allen County Family & Sports Chiropractic, Bishop Dwenger High School, sponsors and everyone connected with this competition from any and all liability which may arise from this competition.

Moreover, I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength-inducing drugs **SHALL BE CONCLUSIVE**. That is, whether I think the results of the tests are right or wrong I agree that I have no right to challenge the results of the drug tests.

I further agree to submit to any physical tests which may be necessary to complete the drug testing. Should I fail the drug tests I agree to forfeit any trophy or award which I might otherwise have won. If it is determined that I have failed the drug test I agree to waive any claim which might arise under state law for defamation, slander, libel, or any other claim for which legal relief is available.

I agree to pay any attorney fees and litigation expense incurred by any person, real or corporate, whom I may sue in an effort to challenge this release from liability. I understand that my agreement to pay attorney fees and litigation expenses is the **sine qua non** for the acceptance of my entry in this contest.

In consideration of your accepting this application, I hereby sign over my rights to be video-taped and/or photographed to the Athletic Performance Center/Allen County Family & Sports Chiropractic and/or their designee(s). I am fully aware that I will receive no royalties and/or compensation for resale/use of the videotapes and/or photographs. I HEREBY state that all the information asked for in this form is true and valid.

Signature of Applicant

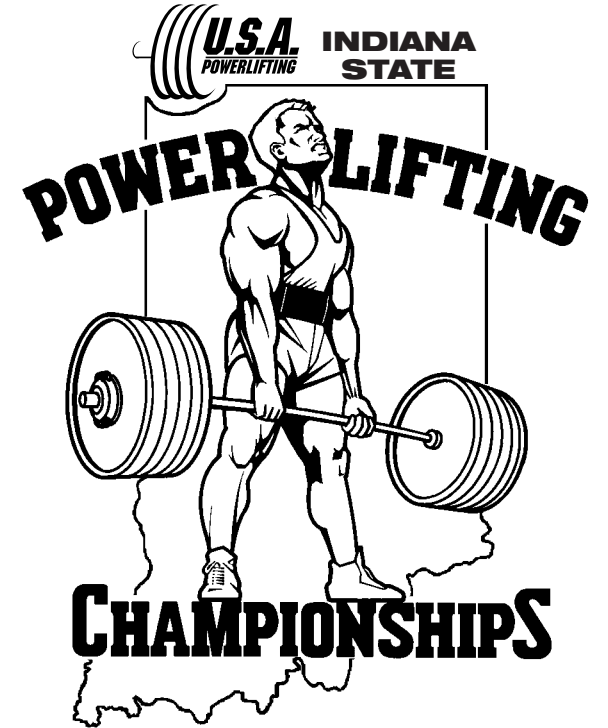
Signature of Parent/Guardian if Applicant is under 21 years

**Athletic Performance Center
3835 West Jefferson Blvd.
Ft. Wayne, IN 46804**

Return Service Requested

PRSRT STD
U.S. POSTAGE PAID
FORT WAYNE, IN
PERMIT NO. 650

**2004
USA Powerlifting
Athletic Performance Center Open
and
Indiana State
Powerlifting Championships**



**Saturday, May 22nd, 2004
at Bishop Dwenger High School
Fort Wayne, Indiana
Entry Form**



**2004 USA Powerlifting Athletic Performance Center Open
and Indiana State Powerlifting Championships**

Date: May 22, 2004

Location: Bishop Dwenger High School
1300 East Washington Center Road, Fort Wayne, IN

Lifting Times: Weigh-in and Equipment Check: 8:00 - 9:30 am
Lifting Begins: 10:00 am
Times are subject to change. Please check
www.athleticperformancecenter.net for more
information

Meet Directors: Mike Robertson (260) 432-9259
Dr. Michael Hartle (260) 456-8485

Entry Fee: \$50.00 (\$35.00 extra for additional division)
Teams: \$50.00 / Team
Team must be a USAPL Registered Team

Deadline: Must be postmarked by April 30th, 2004
*There will be a \$30.00 late entry fee in addition to
original entry fee!*

Tickets: Advance Tickets: \$5.00; At the Door: \$7.00
Children, 10 and under, FREE

USAPL Weight Classes (in pounds):

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, SHW
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+
Youth Boys: 66, 77, 88, 97, 105, *plus above Men's Classes*
Youth Girls: 66, 77, 88, *plus above Women's Classes*

<u>Divisions</u>	<u>Awards</u>
Open (Men and Women)	1 - 5
Teenage	1 - 3
Junior	1 - 3
Police & Fire	1 - 3
Youth	1 - 3
Masters	1 - 3
Bench Press	1 - 2

T-Shirts

T-Shirts will be sold ONLY to contestants before state meet for \$11.00. Send money with entry form. T- Shirts will be sold to the public at meet for \$14.00. Sizes are S - XXL.

Booth Space

8-foot tables are available for \$75.00 per table. Contact Meet Director for more information.

Equipment

Current USAPL rules will apply. A singlet or powerlifting suit must be worn with straps up while performing lifts on the platform. The lifting suit must be of the single crotch design. Single ply polyester bench shirts are legal. Knee wraps and wrist wraps are legal. Groove briefs are not legal. Use of illegal equipment will result in an immediate disqualification from the meet. Equipment will be checked at weigh-ins.

Liability Release and Drug Free Certification

You must read, sign and return the drug free certification and liability release along with your meet application. You will not be allowed to compete otherwise. AS OF JANUARY 1, 1990, THE USAPL HAS ADOPTED A THIRTY-SIX MONTH DRUG FREE POLICY.

USAPL Cards

Lifters must be members of the USAPL in order to compete in this meet. If you do not have a card on meet day, you will be required to purchase one at the meet. It is strongly advised you wait until you get to the meet to purchase your membership card. The cost of the card is \$40.00. You will not be allowed to compete without a card.

Drug Testing

All lifters must willfully subject themselves to drug testing as required. Failure to do so will result in immediate disqualification from the meet, along with forfeit of any award earned. A minimum of 10% of lifters will be tested. Urinalysis testing will be utilized.

Meet Notes

No baby powder, etc. allowed in the gym area. Chalk will be provided for your use on the platform. No refunds of entry fee. Be respectful of your other fellow competitors. Lift-offs by the spotters will be provided if you need it. Please place this on your lifter card so we will know beforehand.

Mike Robertson: (260) 432-9259 Email: mikerob022@hotmail.com
Dr. Michael Hartle: (260) 456-8485 Email: pwrdoc@fwi.com

Good luck!!

**2004 USA Powerlifting
Athletic Performance Center Open
&
Indiana State Powerlifting Championships**

Entry Form

Name _____

Address _____

City _____ State _____ Zip _____

Phone # (____) _____ USAPL Reg. # _____

Sex _____ Age _____ Birthday _____

Weight Class _____ Team _____

Check which competition registering for:

Indiana State Meet _____
Athletic Performance Center Open _____

Check All That Apply (\$50/division, \$35 each additional)

Open ____ Youth ____ Junior ____ Bench Press ____
Police & Fire ____ Masters ____ Teen ____

Best Lifts: SQ _____ BP _____ DL _____ Total _____

If Previously Tested: Where: _____

When: _____ **Type of Test:** _____

T-Shirts: Cost: \$11.00 Size (S-XXL): _____

(Include size and money with entry fee - only one T-shirt per entrant before the competition)

Tickets: Cost: \$5.00 Qty: _____

Total amount enclosed \$ _____

Make Checks Payable to: *Dr. Michael Hartle*

Return Applications to: **Dr. Michael Hartle**
Athletic Performance Center
3835 W. Jefferson Blvd.
Ft. Wayne, IN 46804

**ALL ENTRANTS MUST SIGN WAIVER
ON OTHER SIDE OF FORM.**